

**Cumberland County Community Development Program
2019 Pre-Application
Due December 12, 2018**

Application Type: General Public Service Planning

Project Name: Abuse in Later Life Advocacy Services

Lead Community: Town of Cumberland

Additional Communities: Windham, Scarborough, Cape Elizabeth and Westbrook

Subrecipient Organization: Through These Doors (Domestic Violence Resource Center

Project Location (Address): TTD Administrative office: 100 Humphries Road, Cape Eli

Contact Information: Name: Jen LaChance Email: jenl@throughthesedoors.org

Phone: 207-712-8476 Title: Director of Advocacy and Vic

Project Summary:

With the support and collaboration of the Town Of Cumberland, Through These Doors (TTD) is seeking funding for their Abuse in Later Life program to fund a .5 advocate position to six communities in the Greater Portland area. Through These Doors is the local domestic violence resource center providing services to survivors, their families and

HUD National Objective: Benefit Low/Mod Clientele Low/Mod Area Benefit Spot Slum and Blight

HUD Program Objective: Suitable Living Environment Decent Housing Economic Opportunity

Project Goal: Affordable Housing Public Facility Improvements Public Infrastructure Improvements
 Public Services Economic Development Community Planning

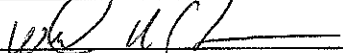
Total Clients Served (unduplicated): 40-60+ Percentage LMI: n/a

Funding: CDBG Request: \$ 29,000 Total Project Cost: \$ approx. 58,000

Leveraged Funds:

\$ 29,000	Federal	\$ 0	Other grants
\$	State	\$ 0	Endowment
\$ 0	County (not CDBG)	\$ 0	Private Funds
\$ 0	City	\$ 0	Gifts in kind

Name of Authorized Official: William Shane, Cumberland Town Manager

Signature of Authorized Official: 

2019 Public Service Program Application

1. The Town of Cumberland and Through These Doors (formerly Family Crisis Services) is seeking funding for the ***Abuse in Later Life Advocacy Services*** project. The Community Development Block Grant request for this program is \$29,000 to fund a .5FTE advocate position for Through These Doors.
2. **Brief Summary**

The Abuse in Later Life Advocacy Services project would fund a .5FTE experienced domestic violence advocate from Through These Doors to provide advocacy, direct service, safety planning to individuals who are 50+ who are experiencing domestic violence within their intimate partner relationship or with family members. The Town of Cumberland has agreed to be the lead applicant in the CDBG Public Services grant application. Four other communities have joined this application in support of TTD's work with residents in their communities. These towns include: Westbrook, Windham, Scarborough and Cape Elizabeth.

TTD has received funding through another grant source to fund a .5FTE position to provide services to abuse in later life victims. The CDBG grant would allow for TTD to fund a full-time advocate to provide services throughout Cumberland County with a focus on Cumberland, Westbrook, Windham, Scarborough and Cape Elizabeth.

TTD would offer free and confidential services to individuals through this specific program who identify as 50 years or age or older. The services include but not limited to our 24-hour helpline, safe housing, community referrals, support groups, assistance with navigating the criminal and civil justice system, safety planning and support. Individuals seeking safety and support from the six communities would be referred to the Abuse in Later Life advocate for continuing support services based on their needs. The advocate in this program would be able to meet with individuals at our outreach office (Portland site) or out in the community where it is deemed safe and appropriate for the individuals who we are meeting with to decrease the transportation and isolation barriers they may face.

Jen LaChance, Director of Advocacy and Victim Services would oversee the project and work collaboratively with the six communities involved. Jen has been with Through These Doors for over 18 years. Carey Donegan would provide the advocacy and direct support services to individuals in this program. Carey is an experienced domestic violence advocate who has worked in roles at TTD including shelter advocate, court advocate and homeless outreach intern over the last four years.

We anticipate that we will provide advocacy and support services to 40-60 individuals residing amongst these communities. The range of services for these

individuals will be based on their needs and how they would like to utilize our services.

3. **Need for the activity**

a. The State of Maine is the oldest state in the nation with elder population levels increasing. The 2016 US Census Study showed that Maine is now the oldest State in the country, with a median age of 44.5. Through These Doors provided support services to approximately 4,000 individuals each year throughout Cumberland County. In 2017, we provided 171 victims through our Abuse in Later Life program. The OVV Elder Training grant that TTD received in 2014 designated the age for abuse in later life begins at 50. For many people, the word 'elder' does not connote an active 50 year old person. However, people past the typical age of child-rearing face different (often additional barriers than young adults and those in middle age. Resources may be different for people after 50, for instance, a person without dependent children is not eligible for certain financial benefit programs. Victims of abuse in later life may not be believed when they share a story of abuse at the hands of a loved one or caregiver. People in later life often feel invisible and unneeded in their community. The 2014 OVV Elder Training grant helped educate and provide advocacy services to this population. With the completion of that grant, it has been demonstrated the important ongoing need to provide advocacy support services to people who are abuse later in life.

b. National statistics state that 1 in 4 women will experience domestic violence in their lifetime. A 2017 National Clearinghouse on Abuse in Later Life study showed that 1 in 10 community residing older adults reported experience elder abuse in the past year. About 2/3 of elder abuse victims are women. In 2017, TTD provided services to 171 individuals through our Abuse in Later Life program.

The Abuse in Life Advocacy Services project works specifically with "battered spouses" and "elder" which are two groups that HUD deemed to meet eligibility requirements for low/moderate income household. Therefore TTD is not required to certify individuals for low/moderate income guidelines to offer services for this project.

c. Through These Doors Abuse in Later Life Advocacy Services program provides advocacy support services to individuals who have experience abuse within their intimate partner relationship or with family members. These support services allows individuals to improve their social health by creating safety plans, building supportive networks outside of their homes and relationships, and help decrease isolation and abuse they are experiencing. The impact of advocacy support systems provides not only long term social health benefits but emotional and physical well-being benefits as well. The program also helps find financial resources for individuals in order to assist in finding safe housing if they choose.

d. TTD projects that we will provide advocacy and support services to 40-60 victims residing in the five communities participating in this grant application

4. Management of the proposed activity

a. Jen LaChance, Director of Advocacy and Victim Services for Through These Doors will manage the grant funded project. Jen will partner with William Shane, Cumberland Town Manager and Police Chief Chip Rumsey, to provide quality oversight on the grant's goals and objectives. Jen will also provide direct supervision for the advocate who will be providing the services within this grant. Yvette Dunnigan, Finance Director for TTD will work with the Town of Cumberland's Finance Director to ensure invoice and billing is handled appropriately for the grant.

b. Through These Doors has excellent history in working with community partners, law enforcement and towns in providing services to individuals residing in Cumberland County. Through These Doors has applied for funding for other projects through CDBG grants (Enhanced Police Intervention Collaboration and Rural Advocacy and Outreach Services) and has been successful in working with multiple towns and community partners. TTD also works with the Violence Intervention Partnership, a Cumberland County federal grant for over 19+ years that has supported multiple advocacy programs for TTD.

c. Through These Doors works actively on obtaining funding for advocacy programming through multiple sources including state/federal grants, foundations, United Way and private donors. TTD partnered successfully with Violence Intervention Partnership again through a new grant cycle (3 years) that will fund a .5FTE advocate for the Abuse in Later Life program starting January 2019. This CDBG application would allow for an advocate to work full-time in the Abuse in Later Life program. TTD also applied and received an Office on Violence Against Women Rural grant that relieved our funding request for rural outreach services through CDBG. TTD actively looks for other funding sources in order not to seek continuous funding through CDBG.

5. Ready to proceed

Through These Doors currently has a .5 FTE Abuse in Later Life advocate providing advocacy and support services to individuals. The current .5 FTE position is funded through a federal grant that the Violence intervention Partnership received. We also have an MSW intern who is providing abuse in later life advocacy services until May 2019. If we receive CDBG funding we would be able to proceed with hiring our part-time advocate for a full-time position to continue offer services for this program. The advocate who is currently offer services is experienced and has worked for TTD for the past four years. This advocate has experience working in our residential shelter program, outreach court program and abuse in later life advocacy.

TTD also has great working relationships with the local police departments in all five communities. TTD Enhanced Police Intervention Collaboration program has advocates assigned to Windham, Westbrook, Scarborough, Cape Elizabeth and Cumberland

Police Departments to provide follow-up support services to victims who are involved with law enforcement. Each department provides all of their domestic violence related police reports to EPIC program in order for advocates to provide support services to victims. TTD has office space available for the advocate to access in the Portland area. The advocate will also have a laptop and work cell phone in order to be mobile and meet individuals where it is convenient and safe for them. The Abuse in Later life program has already created rack cards to publicize our services and continues to distribute throughout communities.

We do not see any existing or potential impediments to provide services to individuals 50+ within these five communities. We have well established relationships, office space and technology to allow us to provide support services immediately.

For projects requiring a match:

Through These Doors has secured funding for the other .5FTE advocate position through the Violence Intervention Partnership OVW Arrest Grant award. **Please see Appendix III** for the matching funds on the match sheet. The funds are secured through a three year grant awarded to the Violence Intervention Partnership OVW Arrest Grant and TTD has accessed these funds as of January 1, 2019.

6. **Budget for project.** Please see attached (Appendix IV)

The CDBG grant funds would be used to fund a 20 hour per week direct service advocate to work specifically in our abuse in later life program. The Abuse in Later Life advocate would work directly with survivors in the five communities stated above. Services would include safety planning, community referrals, advocacy and support. The budget figures reflect salary, fringe benefits, transportation (mileage per month) to travel to different communities to meet with survivors. TTD will provide in-kind 2 hours per month for the Director of Finance to collect data, report statistical information and the billing of the grant. TTD will provide the laptop and maintain the monthly cost of the work cell phone for the advocate. TTD also will be utilizing funding received from an OVW grant to supplement the other .5 FTE of the abuse in later life position.

7. **Implementation schedule** – Please see attached (Appendix III)

8. **Need for CDBG program funds** -

a.CDBG funding is critical for the Abuse in Later Life program. TTD has recognized that the number of individuals we serve who are experiencing abuse in later life has increased dramatically over the past two years. This will only continue to rise with the age of our state population increasing. TTD believes that the funding will allow for the advocate to provide support services to 40-60 individuals within the five communities during the year.

b. Through These Doors continues to seek funds from additional funding sources to provide services to residents in Cumberland County. We have partnered with Violence Intervention Partnership and secured funding for a .5FTE abuse in later life advocate position. We also received an OVW Rural grant that will allow TTD to provide services to individuals over 50+ in the Lake Region area. TTD also plans to apply for private charitable grant for unrestricted funding to help with staff salaries.

c.If CDBG is unable to fund this part-time advocate position, our program would not have the capacity to meet with all victims who want/need to access our services. The Abuse in Later Life program is a specialized program that offers more time with each individual to not only work on domestic violence issues that they are experiencing but also helping them connect with elderly services that they are not familiar with to help individuals build larger support systems. If TTD received partial funding through CDBG, the advocate would have to prioritize and work only on identified high risk cases that come to our organization.

d.TTD has been a recipient of CDBG funding for the Rural Outreach Initiative in 2015, 2016 and 2017. The funding allowed for a part-time advocate to provide advocacy and support services to individuals in Raymond, Windham, Standish, Naples and Casco. The advocate also increased community awareness initiatives in the five communities. We did not submit a grant application in 2018 as we still had remaining funds left from 2017 due to the staff member taking time off for parental leave. TTD has been very successful through the recent CDBG funding. TTD participate in multiple community events, facilitated a Lake Region Coalition meeting monthly with the Sexual Assault Services organization in Oxford County and provided advocacy support services to over 50-60 individuals each year within those communities. We succeeded the goals that we set for in the CDBG grant for the Rural Outreach program. The funding we are seeking now would concentrate on a specific demographic – individuals who are 50+ who are experiencing domestic violence within their intimate partner relationship or with a family member. The funding would help us meet the ongoing needs of all individuals within this demographic who are seeking our services. We would not have to limit our services due to staffing capacity issues.

9. Distress Score

a.Score assigned by the County – please see attached (Appendix I)

b. Our grant application would be working with residents in: **Windham, Westbrook, Cumberland, Cape Elizabeth and Scarborough**. Our grant qualifies for the “Presumed Benefit Groups” under Abused Children and Elderly so we do not need to certify individuals with low-moderate income.

10. Multi-Jurisdictional Bonus

c.

i.The Abuse in Later Life Services program will provide services to five communities throughout Cumberland County. The five communities are: Westbrook, Windham,

Scarborough, Cape Elizabeth and Cumberland. Within these communities, TTD will provide advocacy and support services to low/moderate income residents who are experiencing domestic violence within their intimate partner relationship or with a family member. Victims will be offered support services through our specialized Abuse in Later Life program that include but not limited to: safety planning, individual and court advocacy, support groups, shelter, social service referrals, transportation assistance and housing resources. The advocate will also work with individuals within their own communities when deemed necessary to decrease the isolation as well as barriers around transportation.

ii. Each community will participate in this program by offering space within their communities for the advocate to meet with victims. Town Offices have been utilized in meeting with individuals when transportation is a barrier. Town Offices have historically made accommodations to allow advocates to meet with victims in a quiet, confidential and safe space. TTD will plan to continue to access these places when necessary per each town's permission. TTD will also continue to access each town's law enforcement departments in sharing domestic violence related police reports with TTD in order for advocates to connect with individuals who have contact with law enforcement due to family or dating partner issues.

d. Please see attached (Appendix V) for the Multi-Community Application Endorsement.

e. Distress score for multi-jurisdictional applicants:

- i. Score assigned by the County.
- ii. Score assigned by the County.

Appendix II: 2019 Exception Rule List

City/Town	Census Tract	Block Group	LMI Pop.	Total Pop.	% LMI
Westbrook	002900	1	680	710	95.77%
South Portland	003000	4	1,980	2,470	80.16%
South Portland	003100	3	565	725	77.93%
Freeport	004502	5	495	705	70.21%
Long Island	002400	3	240	360	66.67%
Westbrook	002800	2	955	1,475	64.75%
South Portland	003100	1	360	560	64.29%
South Portland	003000	3	615	990	62.12%
Westbrook	002800	1	760	1,225	62.04%
Westbrook	002900	3	470	765	61.44%
Bridgton	016000	1	700	1,165	60.09%
South Portland	003200	3	415	720	57.64%
South Portland	003500	2	1,040	1,830	56.83%
Harpwell	017102	1	570	1,010	56.44%
Westbrook	002900	2	820	1,455	56.36%
Casco	013000	2	345	625	55.20%
Westbrook	002700	1	885	1,610	54.97%
Gray	004702	2	345	630	54.76%
Casco	013000	3	860	1,580	54.43%
New Gloucester	011500	1	770	1,425	54.04%
Gray	004702	4	885	1,675	52.84%
Freeport	004502	2	340	645	52.71%
Windham	004802	2	505	970	52.06%
Windham	004803	2	1,150	2,240	51.34%
Windham	004802	3	895	1,770	50.56%
Casco	013000	1	380	760	50.00%
Harrison	015000	2	805	1,610	50.00%
Bridgton	016000	3	385	770	50.00%
Harrison	015000	1	525	1,055	49.76%
South Portland	003100	4	390	785	49.68%
Naples	014000	3	535	1,085	49.31%
Standish	017001	1	1,005	2,090	48.09%
Gray	004702	3	800	1,675	47.76%
Bridgton	016000	2	475	1,005	47.26%
Windham	004801	3	705	1,515	46.53%

Appendix I: 2019 Community Distress Scores

Community	Distress Score
Long Island	10
Westbrook	10
Casco	7
Windham	7
Harrison	7
Gray	6
Standish	4
Sebago	4
Naples	4
Raymond	4
Harpswell	4
Freeport	3
Scarborough	3
Baldwin	3
New Gloucester	3
Gorham	2
Cape Elizabeth	1
Pownal	1
Yarmouth	1
North Yarmouth	1
Chebeague Island	0
Falmouth	0
Cumberland	0

Appendix III. Project Implementation Schedule

<u>Abuse in Later Life Advocacy Services Implementation Schedule</u>				
<u>Activity</u>	Q #1 J – S 2019	Q #2 O – D 2019	Q #3 J – M 2020	Q #4 A – J 2020
Provide advocacy and support services to individuals 50+ in six communities	X	X	X	X
Meet with key members of each community (Town Manager, Police) to share grant program details	X			
Distribute TTD brochures/rack cards to community services areas within each community	X		X	
Meet with community service providers within the six communities to share resources and information about TTD and the Abuse in Later Life program	X	X	X	X
Review grant progress with community key partners				X
Review data in progress		X		X

Type of Funding	Match Amount		Source of Match	How is the match calculated?	Is the match secured? Please circle yes or no.	If yes, please attach relevant documentation. ¹	If no, please outline and attach future steps to secure match. ¹
Cash	Municipal Cash	\$			Yes / No		
	Other Cash	\$5,800	CC: VIP Arrest Grant	20% of grant match request	<u>Yes</u> / No		
	Other Cash	\$			Yes / No		
	Other Cash	\$			Yes / No		
In-Kind/ Donation	Municipal In-Kind & Donation	\$			Yes / No		
	Other In-Kind & Donation	\$			Yes / No		
	Other In-Kind & Donation	\$			Yes / No		



	Other In-Kind & Donatio n	\$			Yes / No		
TOTAL MATCH		\$5,800					



Appendix IV: Budget

Abuse in Later Life Advocacy Services Program				
Cost Category	CDBG Funds	Municipal Funds	Other Funds	Total
Equipment				
Materials/Supplies				
Operations				
Salaries	\$16,775.00			\$16,775
Fringe	\$11,433.00			\$11,433.00
Transportation	\$792.00			\$792.00
Consultants				
Space/Rent				
Project Management				
Other – 1)				
Other – 2)				
Total Costs	\$29,000.00			\$29,000
Provide the basis for determination of budget amounts:				
Salary: .5 FTE for AiLL advocate = \$16.13/hr.x1040hours				
Fringe: FICA=Salary x 7.65%; SUTA=\$12,000x1.70%; WC=Salaryx1.30%; Pension=Salaryx3%; Health, Dental and Life are actuals.				
Transportation: Mileage average of 150/monthx12=1800milesx.44/mile=\$792.00				

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