

NEWS FROM DOWN UNDER

Volume III, Issue IX

September 2010

County of Cumberland

Emergency
Management
Agency

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FEMA—National Commission on Children and Disasters

Release Date: August 23, 2010
Release Number: HQ-10-158

WASHINGTON, D.C. -- Federal Emergency Management Agency (FEMA) Administrator Craig Fugate today addressed the National Commission on Children and Disasters public meeting on how FEMA is coordinating with state and local governments, as well as with the private sector and non-profit organizations, to integrate the needs of children in planning for disaster response and recovery.

"Children are a part of every community, but too often in the past they've been left out of emergency planning or thought of only after the initial plan has been written," said Fugate. "It's critical that emergency managers plan for the whole community, not just the easy part, and fully integrate children, the elderly, and people with disabilities into all planning and coordination efforts. At FEMA, we're committed to doing just that, and working with our state and local partners to address the needs of the community as a whole from the very beginning.

"FEMA has a number of initiatives to incorporate children into disaster planning, including a Ready Kids website, with steps on how children can help their family get prepared, and the Student

Tools for Emergency Planning (STEP) program, which helps teachers and schools include preparedness into their curriculum.

The U.S. Department of Health and Human Services (HHS) Assistant Secretary for Preparedness and Response Admiral Nicole Lurie and HHS Acting Assistant Secretary for Children and Families David Hansell also spoke about caring for children before and after a disaster strikes.

The National Commission on Children and Disasters is an independent, bipartisan commission established to examine and assess the needs of children in the preparation for, response to and recovery from all hazards. The Commission is chaired by Mark K. Shriver, Vice President and Managing Director for U.S. Programs at Save the Children.

Follow FEMA online at www.twitter.com/fema, www.facebook.com/fema, and www.youtube.com/fema. Also, follow Administrator Craig Fugate's activities at www.twitter.com/craigatfema. The social media links provided are for reference only. FEMA does not endorse any non-government websites, companies or applications.



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Public Safety, Emergency Management and Allied Organizations are invited to submit articles, events, training opportunities and news.

Send to: David B. Feeney
feeney@cumberlandcounty.org



Emergency Management

Emergency Management is the assessment, analysis, planning, and assignment of available resources to prevent, prepare for, respond to, recover from, and mitigate the effects of all types of hazards or emergencies.

Emergency Management is a comprehensive system of policies, practices, and procedures designed to save lives, prevent injuries, and protect property and the environment if an emergency occurs.

Cumberland County's Hazard Mitigation Plan

By: Lori Roth, CCEMA

Hazard Mitigation is defined as any action taken to reduce or eliminate the long-term risk to human life and property from natural hazards. In Maine, HMPs (Hazard Mitigation Plans) are maintained at the County level and incorporate all municipal mitigation considerations. Local jurisdictions (Municipal or County, as appropriate) are required to have a HMP. The current Cumberland County HMP was completed in December, 2005 and expires December 2010.

Every five years the Federal Emergency Management Agency (FEMA) requires an update to local HMPs. As such, the Cumberland County Emergency Management Agency (EMA) has contracted with the Cumberland County Soil and Water Conservation District to lead the effort. Each municipality in Cumberland County is required to participate in the process and to endorse the final product in order to gain FEMA's approval of the updated plan. With the approval comes renewed eligibility for all municipalities to compete for valuable mitigation grant funding.

The HMP update process began, in earnest, earlier this spring. As a Cumberland County EMA planner, I completed a detailed review of the status of projects listed in the 2005 HMP. Consideration was given to new mitigation projects for incorporation in the 2010 HMP update. I met with local EMA Directors and municipal officials to explain the plan update and to gather data supporting their mitigation projects. This data included photographs and historical supporting documentation such as newspaper articles, invoices, equipment and personnel logs, etc.

In addition, I conducted site visits to new, pending or completed project locations and collected Geographical Information System (GIS) data using the Global Relief Technologies (GRT) Personal Digital Assistant (PDA) provided by the Maine Emergency Management Agency (MEMA). Cumberland County EMA is the only county in Maine using the GRT PDA for mapping and collection of field data for Hazard Mitigation Projects. All municipalities in Cumberland County have participated in the planning process.

The data collection effort is extremely important. It will greatly facilitate the completion of pre-disaster mitigation grant applications should municipalities decide to compete for grant funding and it will provide important documentation to assist in the preparation of municipal capital improvement budgets. A summary of valid mitigation projects, whether new, or derived from the 2005 plan and further refined with this data collection initiative, will be included in the 2010 HMP update.

Moving forward, Cumberland County EMA will continue collecting data on hazard events, such as heavy rain

storms that produce flooding, and mapping specific locations that require mitigation. This should reduce the effort required by municipalities to track, update and record mitigation projects at the end of each five year planning period. Also, Public Works Directors have been provided with MEMA D-2 Damage "road tracker" forms to assist in the tracking of "history of damages". Tracking hazard damage for mitigation projects is an important factor in the grant application process but generally proves to be difficult and time consuming to research. Utilizing "road tracker" forms can eliminate this difficulty by readily providing much of the history of repetitive damage needed when applying for these mitigation grants.



Mapping potential hazard mitigation projects

As previously noted, completion of this effort requires "adoption by the local governing body." Therefore, the Cumberland County Commissioners and the Boards of Selectmen and the Councils of the 28 Incorporated Cities and Towns will be requested to adopt the 2010 Cumberland County Hazard Mitigation Plan prior to January 2011. Adoption acknowledges that natural hazards create a risk of harm to persons and damage to property and that implementing certain measures may reduce the risk of harm to persons and damage to property resulting from these natural hazards.

A copy of the Draft 2010 Hazard Mitigation Plan can be viewed at the Cumberland County Website:

<http://www.cumberlandcounty.org/EMA/hazard.htm>

Sections will be added to the site as they are completed. A link to a Feedback Form is provided for public comment.



Potential Hazard Mitigation Project in Yarmouth

NOAA National Weather Service Releases Mid-Year Forecast

FEMA Encourages Coastal State Residents to Ensure They're Prepared, Visit Ready.gov

Release Date: August 5, 2010
Release Number: HQ-10-150

WASHINGTON, D.C. -- The National Oceanic and Atmospheric Administration (NOAA) National Weather Service today issued its latest forecast for the 2010 Atlantic Hurricane Season, reaffirming its May forecast of an active Atlantic hurricane season. In light of this latest forecast, the Federal Emergency Management Agency (FEMA) reminds Americans living in coastal states that the time is now to ensure their family is prepared for a hurricane or other emergency.



"FEMA continues to work across the administration and with our state and local partners to ensure they're ready should a hurricane make landfall," said FEMA Administrator Craig Fugate. "But we can only be as prepared as the public, so it's important that families and businesses take steps now to be ready. These include developing a communications plan, putting together a kit, and staying informed of the latest forecasts and local emergency plans. You can't control when a hurricane or other emergency may happen, but you can make sure you're ready."

The 2010 Atlantic hurricane season officially began June 1 and runs through November 30. The Eastern Pacific season runs from May 15 through November 30. Three named storms have formed in the Atlantic this year, including the first June hurricane to form in more than a decade. The National Weather Service forecast released today predicted, with 70 percent probability:

- 14 to 20 Named Storms (top winds of 39 mph or higher), including:
- 8 to 12 Hurricanes (top winds of 74 mph or higher), of which:
- 4 to 6 could be Major Hurricanes (Category 3, 4 or 5; winds of at least 111 mph)

Since before hurricane season started, FEMA personnel have been actively engaged with state and local officials in coastal states to ensure they have the support and resources necessary to prepare for and respond to a tropical storm or hurricane. Coordination and planning this season has involved consideration of the effects that the BP oil spill could have on the response capabilities and recovery

scenarios.

FEMA encourages everyone, regardless of whether they live in a hurricane-prone area, to take steps to ensure their family, homes and businesses are prepared for a possible emergency. Important items to have ready in case of an emergency include a battery-powered radio (like a NOAA Weather Radio), flashlight, extra batteries, medicines, non-perishable food, hand-operated can opener, utility knife and first aid supplies. Important documents, such as medical records, contracts, property deeds, leases, banking records, insurance records and birth certificates, should be copied and kept in a safe place.

For more information on individual and family preparedness, visit www.Ready.gov.

EMI All-Hazards Position Specific Program

All-Hazards Position Specific Instructors Database now Posted on EMI Website

The national database for NIMS ICS All-Hazards Position Specific Instructors has now been posted on the Emergency Management Institute's (EMI's) website. Posting the list on the website improves accessibility and simplifies the process of adding and deleting instructors. All Regional Training Managers, State Training Officers (STO), and NIMS Training Coordinators have been provided access to the list, as well as directions for sorting by class, Region, or state.

Position Specific Train-the-Trainer Classes Fiscal Year 2011 at EMI

16 offerings of NIMS ICS All-Hazards Position Specific Command and General Staff train-the-trainers classes are scheduled at the National Emergency Training Center (NETC) EMI during fiscal year (FY) 2011. The full schedule and link to the FY 2011 training schedule may be viewed on EMI's training website at www.training.fema.gov.

Personnel interested in taking one or more of these courses are urged to submit completed 75-5 forms to NETC Admissions through their respective STO. A total of three applicants per Region will be accepted into each class. Additional applicants will be placed on a waiting list to fill openings.

For further information on NIMS ICS All-Hazards Position Specific training, contact Bob Ridgeway, EMI Training Specialist at: (301) 447-1142 or e-mail at: robert.ridgeway@dhs.gov

Registration Now Open for 2010 CERT Jamboree

August 9, 2010

The registration form and schedule for the 2010 CERT Jamboree are now available

When: September 18 and 19, 2010

Where: Camp Laurel, Readfield, Maine

How to Register

Registration Form is available for download in .pdf or MS Word at: www.maine.gov/mema

Save the registration form to your desktop, fill it out, and then attach to an email and submit to your County EMA office before the close of business, Friday, September 10th 2010. Or print out this form, fill it out and mail or fax to your County EMA office before close of business, Friday, September 10th 2010.

For Cumberland County residents:

Cumberland County EMA
email: feeney@cumberlandcounty.org
fax: (207) 892-8617

Please be sure to fill out all contact information and check the boxes of the classes you wish to attend. Also, please check whether you will be staying the night in the cabins and which lunches and dinners you will be attending. In addition, please download and print a copy of the Jamboree Weekend Schedule for reference.

Overnight, Clothing & Gear:

The overnight facilities are bunk houses. The accommodations are very similar to a typical camping situation, save for the bunks and showers. Shower facilities are located near the bunk houses.

Please bring toiletries, appropriate gear and clothing for all weather, as well as bug spray and sun block. Please dress appropriately for the classes you have signed up for. **This is a rain or shine event.**

About the CERT Jamboree:

This 2 day event is an annual event that provides training and exercises to all of our CERT, CART, SAR, and ARES/EMCOMM groups. There will be several new classes along with a traditional CERT course.

Target Audience:

Team members who are a formal/recognized CERT, CART, SAR, or ARES/EMCOMM team

Location and Directions

Camp Laurel Website:

www.camplareel.com/experience/directions.php

Contact: Jeremy Damren—MEMA (207) 624-4400

NOAA: Second Warmest July and Warmest YTD Global Temperatures on Record

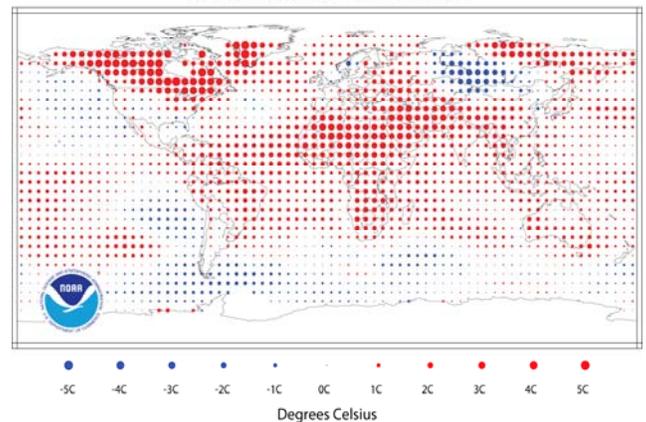
August 13, 2010

The combined global land and ocean surface temperature made this July the second warmest on record, behind 1998, and the warmest averaged January-July on record. The global average land surface temperature for July and January-July was warmest on record. The global ocean surface temperature for July was the fifth warmest, and for January-July 2010 was the second warmest on record, behind 1998.

- The combined global land and ocean average surface temperature for July 2010 was the second warmest on record at 61.6°F (16.5°C), which is 1.19°F (0.66°C) above the 20th century average of 60.4°F (15.8°C). The averaged temperature for July 1998 was 61.7°F (16.5°C).
- The July worldwide land surface temperature was 1.85°F (1.03°C) above the 20th century average of 57.8°F (14.3°C) — the warmest July on record. Warmer-than-average conditions dominated land areas of the globe. The most prominent warmth was in Europe, western Russia and eastern Asia. Cooler-than-average regions included central Russia, Alaska and southern South America.

Temperature Anomalies Jan-Jul 2010

(with respect to a 1971-2000 base period)
National Climatic Data Center/NESDIS/NOAA



FEMA Independent Study Courses

New 8/27/10

- IS 522 Exercising Continuity Plans for Pandemic

New 8/9/10

- IS 10.a—Animals in Disaster: Awareness and Preparedness

Mobile NHC and NWS Weather Data

Would you like to access critical hurricane advisories and marine forecasts on your cell phone? NHC offers the following information to those customers with basic HTML and/or Wireless Application Protocol (WAP) capable cellphones, PDAs, or other mobile devices:

- Tropical Cyclone text advisories and selected graphics
- Aircraft reconnaissance messages
- TAFB marine text forecasts and discussions
- Satellite imagery courtesy of NOAA's Satellite Services Division

Two versions of NHC's mobile web pages are available: basic HTML and WAP. To view these mobile pages, you will need a cellphone or PDA equipped with a data plan from your wireless service provider. The basic HTML pages can be viewed in a regular web browser, but you can also simulate the NHC WAP pages if you are using the Mozilla Firefox web browser. Just install the free wmlbrowser Add-on.

Mobile NHC home page in basic HTML:
www.nhc.noaa.gov/mobile

Mobile NHC home page in WAP (WML)*format:
www.nhc.noaa.gov/index.wml

Other NWS Mobile Weather Links

weather.gov in basic HTML: mobile.weather.gov
weather.gov in WAP (WML)* format: cell.weather.gov

DISCLAIMER: Mobile (WAP-formatted) web pages provided by the NHC website in no way constitute an endorsement of any particular service provider, nor of any particular vendor of PDA devices or similar equipment which may be used to access these services.

Remember that your reception is subject to your wireless providers area of coverage. The color and quality of images and graphics will vary with make and model of the wireless device. Depending on the capability of your device, not all available links will work.

Please send email to nhcwebmaster@noaa.gov if you wish to send comments or suggestions about this service.

*More information on the Wireless Application Protocol (WAP) is available from the WAP Forum. <http://www.wapforum.org/what/index.htm>

Meetings

- September 8, 2010, 8:30 a.m.
Local EMA Director's Meeting
Location: CCEMA, Windham, Maine
- September 8, 2010
IMAT Meeting, 10:00 a.m.
Location: CCEMA, Windham, Maine
- September 14, 2010, 9:00 a.m.—11:00 a.m.
State Emergency Response Commission Meeting
Location: Augusta, Maine—MEMA
- September 21, 2010, 6:30 p.m.
Cumberland County ARES
Location: CCEMA, Windham, Maine
- September 22, 2010, 6:00 p.m.
Cumberland County CART
Location: CCEMA, Windham, Maine
- September 23, 2010, 6:00 p.m.
Midcoast CERT/ARES Meeting
Merrymeeting Amateur Radio Association
Location: Midcoast Chapter American Red Cross
16 Community Way, Topsham, Maine
- October 12, 2010, 1:00 p.m.—3:00 p.m.
Hazmat Team Chief's Meeting
Location: Augusta, Maine—MEMA

2010 Exercise Schedule

- September 14, 2010
All Wet in the Kennebec Watershed TTX
Location: Augusta, Maine—MEMA
Contact: Jeremy Damren (207) 624-4400
MEMA and Maine PUC TTX on critical infrastructure protection and energy reliability.
- October 09, 2010, Saturday
Maine Section Simulated Emergency Test (SET)
(Amateur Radio State Emergency Communications Test).
Contact: Bryce Rumery, k1gax@juno.com
- October 16, 2010, Saturday, 8:00 a.m.—1:00 p.m.
Tri-County Shelter Exercise
Location: Hiram, Maine: Sacopee Valley Middle School
Contact: Scott Parker, Oxford County EMA (207) 743-6336
- October 16, 2010, Saturday, 8:00 a.m.
Sagadahoc County WMD/MCI Full Scale Exercise
Location: Woolwich/Wiscasset Baptist Church
Contact: Misty Green (207) 443-8210
- October 23, 2010, Saturday
Tri-County Wild Land Fire Functional Exercise
Contact: David B. Feeney—CCEMA



National Hurricane Center



Cameo Train-the-Trainer

August 1, 2010

The Maine State Emergency Response Commission, Maine Emergency Management Agency and the U.S. EPA Region I will be conducting a CAMEO TTT prep for certification test course from, September 22-24, 2010. At the conclusion of the classroom portion, the NOAA/EPA certification exam will be administered.

There are limited number of seats available as this offering is being held to support the New England region. The intent of this course is to provide the experienced user the skills to become a CAMEO instructor. This class will not be suited for a casual or beginner user to enhance their skills due to the fast pace of the class.

This class will be held at Maine Emergency Management Agency located at 45 Commerce Drive, August, Maine. Lunch will be provided, however, any other costs will be the responsibility of the attendee.

For questions or to register by phone, fax or email, please contact Faith Mayer.

To review information on the exam, please go to the following link:

www.epa.gov/emergencies/content/cameo/cert.htm

Faith E. Mayer
207-624-4411

Faith.e.mayer@maine.gov

H1N1 Flu Declared Over

Margaret Chang—WHO Director-General's opening statement at a virtual press conference 10 August 2010:

The world is no longer in phase 6 of influenza pandemic alert. We are now moving into the post-pandemic period. The new H1N1 virus has largely run its course... this does not mean that the H1N1 virus has gone away. Based on experience with past pandemics, we expect the H1N1 virus to take on the behavior of a seasonal influenza virus and continue to circulate for some years to come.

In the post-pandemic period, localized outbreaks of different magnitude may show significant levels of H1N1 transmission. This is the situation we are observing right now in New Zealand, and may see elsewhere.

Recently published studies indicate that 20-40% of populations in some areas have been infected by the H1N1 virus and thus have some level of protective immunity. Many countries report good vaccination coverage, especially in high-risk groups, and this coverage further increases community-wide immunity.

unpredictable. So is the immediate post-pandemic period. There will be many questions, and we will have clear answers for only some. Continued vigilance is extremely important, and WHO has issued advice on recommended surveillance, vaccination, and clinical management during the post-pandemic period.

Based on available evidence and experience from past pandemics, it is likely that the virus will continue to cause serious disease in younger age groups, at least in the immediate post-pandemic period. Groups identified during the pandemic as at higher risk of severe or fatal illness will probably remain at heightened risk, though hopefully the number of such cases will diminish.

In addition, a small proportion of people infected during the pandemic, including young and healthy people, developed a severe form of primary viral pneumonia that is not typically seen during seasonal epidemics and is especially difficult and demanding to treat. It is not known whether this pattern will change during the post-pandemic period, further emphasizing the need for vigilance.

As I said, pandemics are unpredictable and prone to deliver surprises. No two pandemics are ever alike. This pandemic has turned out to be much more fortunate than what we feared a little over a year ago.

This time around, we have been aided by pure good luck. The virus did not mutate during the pandemic to a more lethal form. Widespread resistance to oseltamivir (Tamiflu) did not develop. The vaccine proved to be a good match with circulating viruses and showed an excellent safety profile.

Thanks to extensive preparedness and support from the international community, even countries with very weak health systems were able to detect cases and report them promptly.

Had things gone wrong in any of these areas, we would be in a very different situation today.



Information is the most important tool we have in developing disaster resiliency. The more we know about different types of emergencies, about how emergency response works, and about how we can reduce our risk from emergency events, the more prepared we are to "weather the storm."

To learn more about Maine hazards and how to make an emergency plan for yourself and your family, please visit Maine Prepares. www.maine.gov/mema/prepare

~~Pandemics, like the viruses that cause them, are~~

Training Opportunities

- **September 02, 2010, 8:00 a.m.—4:30 p.m.**
Communications Unit Leader (COML) TTT
 Location: MEMA, Augusta, Maine
 Contact: Steve Mallory—MEMA (207) 624-4460
 Prerequisites Apply—Contact Steve Mallory
 Registration: Submit FEMA 75-5
- **September 08, 2010, 12:30 p.m.—5:00 p.m.**
Incident Command System Forms Review (MGT 347)
 Location: Nashua Fire & Rescue, New Hampshire
 Contact: New Hampshire Fire Academy 800-371-4503
 Prerequisites: ICS 100, ICS 200, IS 700
 Registrations currently being accepted through August 4th. Cost: None
- **September 9 & 10, 2010, 08:00 p.m.—5:00 p.m.**
Advanced Incident Management/ Unified Command (MGT 344—ICS 400 Equivalent) Cost: No Charge
 Location: Nashua Fire & Rescue, Nashua, New Hampshire
 Contact: New Hampshire Fire Academy 800-371-4503
 Prerequisites: ICS 100, ICS 200, ICS 300, MGT 101-W*
 *available online www.teexwmdcampus.com
- September 11, 2010
ICS 400 Advanced
 Location: Paris Fire Department
 Contact: Oxford County EMA 743-6336
- September 14, 2010, 5:30 p.m.—9:30 p.m. (Day 1 of 3)
 September 16 (Day 2 of 3) September 21 (Day 3 of 3)
ICS 400 Advanced Incident Command System
 Location: Brunswick—Maine Vocational Region 10
 Contact: Misty Green, Sagadahoc County EMA (207) 443-8210 sagma@sagcounty.com
- September 14, 2010
MGT 347 ICS Forms
 Location: Sanford, Maine, Roosevelt School
 Contact: York County EMA 324-1578
 Prerequisites: IS700, ICS 100—ICS 300
- September 15-16, 2010
MGT 344 Advanced Incident Management (ICS 400 Equivalent)
 Location: Sanford, Maine, Roosevelt School
 Contact: York County EMA 324-1578
 Prerequisites: IS700, ICS 100—ICS 300
- September 18-19, 2010
2010 CERT Jamboree, 4th Annual
 Location: Readfield, Maine
 FMI: See Article Page 3 or www.maine.gov/mema
- **September 22—24, 2010**
Cameo Train-the-Trainer
 Location: Augusta, Maine—MEMA
 Contact: Faith Mayer—MEMA (207) 624-4441 faith.e.mayer@maine.gov
- **September 29-30, 2010, 08:15 a.m.—4:30 p.m.**
Evacuation and Re-Entry Planning
 Location: Saco Plaza Conference Center
 Contact: Beth Barton, MEMA (207) 624-4400
- **October 13 & 14, 2010, 8:15 a.m.—4:30 p.m.**
Exercise Design Course (G139)
 Location: Hampden, Maine—Public Safety Facility
 Contact: Michelle Tanguay (207) 945-4750
- **November 3 & 4, 2010, 8:15 a.m.—4:30 p.m.**
Emergency Planning and Special Needs Population
 Location: Thomaston, Maine—Hampton Inn Rockland
 Contact: Ray Sisk (207) 594-5155
 Knox County EMA Director
- **November 6 & 7, 2010, 08:00 a.m.—05:00 p.m.**
Medical Management of CBRNE Events (PER 211)
 Location: Concord, New Hampshire Cost: No Charge
 Contact: NH Fire Standards and Training 800-371-4503
 Registration: Applications accepted: 08/04/10—10/06/10
 Submit NH FSTEMS General Admission Form*
- **November 9, 2010, 08:00 am.—4:00 p.m.**
Infectious Disease Annual Conference
 Location: Augusta Civic Center—Auditorium
 Cost: \$35 (Registration Required)
 Contact: Dot Seigars (207) 622-7566 x 232
 Email: dseigars@mcd.org Website: www.mcd.org
 Audience: Health Care Practitioners, Laboratorians, and Public Health Partners.
- **April 5—7, 2011, 8:00 a.m.—4:30 p.m.**
EOC Operations and Planning Course (MGT 346)
 Location: Concord, New Hampshire Fire Academy
 Contact: New Hampshire Fire Academy 800-371-4503
 Registration: Applications accepted: 01/05/11—03/02/11
 Submit NH FSTEMS General Admission Form*
 Prerequisites: None (ICS 100—300, IS 700 recommended)
- **April 26 & 27, 2011, 8:00 a.m.—5:00 p.m.**
Medical Preparedness & Response to a Bombing Incident
 Location: Concord, New Hampshire Fire Academy
 Contact: NH Fire Standards and Training / EMS 800-371-4503
 Registration: Applications accepted: 01/26/11—03/23/11
 Submit NH FSTEM General Admission Form*

Hepatitis A Cluster in Waldo County, Maine

*Hepatitis A Cluster in Waldo County, Maine:
Recommendations for Clinicians on Diagnosis and
Referring Contacts to Maine CDC*

August 12, 2010

The Maine Center for Disease Control and Prevention (Maine CDC) is investigating a third case of acute hepatitis A. All three are residents of Waldo County and at least one attended a number of social functions in different areas of Maine while infective which included attendees from across the state. We therefore believe other people may be at risk for contracting the illness and may be showing signs and symptoms of it in the coming days and weeks.

Hepatitis A in Maine:

Hepatitis A is an uncommon disease in Maine. An average of 11 cases are identified in Maine each year. Hepatitis A can result in mild illness in children; many will be asymptomatic. In adults, hepatitis A infection can range in severity from mild to life threatening. Case fatality can reach 1.8% in adults over 50 years of age. Individuals are considered infectious during the latter half of the incubation period and for approximately 1 week after onset of jaundice. The virus is excreted in feces and is transmitted by the fecal-oral route. Good hand washing is key to limiting disease transmission.

Recognition and Diagnosis:

Area health care providers are encouraged to consider hepatitis A infection in persons with recent onset of symptoms, including, jaundice, fever, anorexia, fatigue, nausea, dark urine, clay colored stools, diarrhea, and abdominal discomfort. Diagnostic testing should include hepatitis A IgM antibody and liver enzymes (AST/ALT). Interpretation of a positive IgM test for HAV is difficult in a recently immunized individual. IgM positive results can occur from either natural infection or immunization. Confirmation of infection in recently immunized individuals is usually dependent on clinical signs and elevated liver enzymes. Report all cases of Hepatitis A to the Maine CDC Disease Reporting and Consultation Line: 1-800-821-5821.

Refer Self-Identified Contacts to Maine CDC:

Maine CDC is currently identifying and interviewing contacts of the most recent Hepatitis A case. Maine CDC will determine the need for PEP based on degree of contact and the timing of the exposure. Providers of affected patients requiring PEP will be notified. Other persons presenting to health care providers stating they are contacts of a case of hepatitis A should be referred to the Maine CDC for investigation at 1-800-821-5821. PEP will be recommended for those close contacts within the recommended two-week window after exposure to an infectious case.

For More Information: Contact Maine CDC at:
1-800-821-5821. Information on hepatitis A is available at:
<http://www.cdc.gov>

Plan Now.
Work Together. **Ready.**
Be Ready.



Did You Know?

- Only 57% of people report that they have readiness items set aside in their homes for use in disaster
- Just 34% of people have readiness supplies in their car
- Less than half of households have an Emergency Plan and yet...
- 42% of individuals report that they would need help during a disaster

Preparedness is everyone's responsibility.
Are you Ready?

To learn more about how you, your family, your business and your community can prepare for emergencies and get involved, please visit ready.gov or call 1-800-BE-READY, TTY 1-800-462-7585

NATIONAL PREPAREDNESS MONTH
September 2010 | ready.gov



NIMS Compliance September 30, 2010 Deadline

A reminder to all NIMSCAST administrators, to remain compliant, or become compliant with NIMS, each jurisdiction must update their NIMSCAST account to reflect any changes or progress made during Fiscal Year 10 (October 1, 2009 – September 30, 2010). For jurisdictions that were compliant as of, September 30, 2009, you must access NIMSCAST 2010 to complete the migration of FY09 data into FY10. In addition, in accordance with the NIMS FY10 Objectives, and the State of Maine NIMS Training Guidance Document, completion of IS 701, IS 702, IS 703, and IS 704, as applicable.

Please roll-up (electronically submit) your account data only when you have entered all updates for 2010. In the event you have forgotten or lost your password / log-in information, or to add or delete NIMSCAST administrators to or from your account, please contact D.B. Feeney at CEEMA.

At the close of business on, Thursday, September 30, 2010, CEEMA will electronically submit each NIMSCAST assessment for all twenty-eight (28) Cumberland County Jurisdictions into the State of Maine and FEMA domain.

Please contact me directly should you need assistance or have questions concerning NIMSCAST 2010 or NIMS in general.

David B. Feeney CEEMA (207) 892-6785
feeney@cumberlandcounty.org



Important Links

Cumberland County Emergency Management Agency
Home: www.cumberlandcounty.org/EMA

Maine Emergency Management Agency
Home: www.maine.gov/mema
Library: www.maine.gov/mema/mema_library.shtml

Maine Prepares
Home: www.maine.gov/mema/prepare

Federal Emergency Management Agency (FEMA)
Home: www.fema.gov
Training: <http://training.fema.gov>
Grants: www.fema.gov/government/grant/index.shtml
Assistance: www.DisasterAssistance.gov

Domestic Preparedness Support
U. S. Department of Homeland Security www.dhs.gov
NIMS Resource Center <http://www.fema.gov/emergency/nims>
Lessons Learned Information Sharing System
www.llis.gov
Homeland Security Exercise and Evaluation Program (HSEEP)
<http://hseep.dhs.gov>

Center Disease Control

Maine CDC: <http://www.maine.gov/dhhs/boh>

U. S. CDC: <http://www.cdc.gov>

Flu.gov <http://www.pandemicflu.gov>

Southern Maine Regional Resource Center (SMRRC)
Home: www.smrrc.org

Ready America www.ready.gov

National Weather Service—Gray, Maine
www.erh.noaa.gov/gyx

Maine ARES <http://www.maineares.org>

2-1-1 Maine
Home: www.211maine.org

5-1-1 Maine (Maine DOT Travel Information)
Home: www.511maine.gov

American Red Cross of Southern Maine
Home: <http://southernmaine.redcross.org>

PROP
Home: www.wherepeoplecomefirst.org

Southern Maine EMS
Home: www.smems.org

Volunteer Maine
Home: www.volunteermaine.org

Greater Portland Council of Governments (GPCOG)
Home: www.gpcog.org

Monthly Communications Test

September 9, 2010, at 1330 hours.

- Log onto WebEOC
- HAN Notification—1330 hours
- Conference Call—1345 hours

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