



County of Cumberland

Emergency Management Agency

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Public Safety, Emergency Management and Allied Organizations are invited to submit articles, events, training opportunities and news. David B. Feeney, feeney@cumberlandcounty.org



NEWS FROM DOWN UNDER

Volume V, Issue II

February 2012

New Mitigation Planning Resources for Hazard Mitigation Assistance

Mitigation Planning and Hazard Mitigation Assistance (HMA) would like to announce the availability of two mitigation planning resources. Additional information and resources are provided on the FEMA Mitigation Planning website at <http://www.fema.gov/plan/mitplanning/index.shtm>

Mitigation Planning for Local and Tribal Communities, FEMA IS-318.

In December 2011, an updated independent study course was released to support local and tribal mitigation planning. IS-318, Mitigation Planning for Local and Tribal Communities, is a course offered by the Federal Emergency Management Agency (FEMA). The goals of this course are to:

- Assist participants in undertaking the hazard mitigation plan development process. This plan will meet the needs of your community and fulfill the requirements for local plans, as described in 44 Code of Federal Regulations (CFR) §201.6, or for Tribal plans, as described in 44 CFR §201.7.
- Help federal and state plan reviewers interpret the regulations to inform the review of local or Tribal hazard mitigation plans.

Local Mitigation Plan Review Guide

The *Local Mitigation Plan Review Guide* (released October 1, 2011) is available now, and it contains several significant

changes from the current local mitigation planning guidance:

- Stronger emphasis on the Mitigation Strategy and Implementation;
- Simplified to describe only the regulatory requirements;
- New Guiding Principles and Intent statements support regulatory requirements; and
- New Plan Review Tool to replace the existing Crosswalk in a simplified format and communicate implementation of the plan as well as improvements to the plan.

The revised *Local Mitigation Plan Review Guide* is available for any State to use as of October 1, 2011. Implementation will be phased over the course of a year and the *Local Mitigation Plan Review Guide* will become effective on October 1, 2012 to allow stakeholders at the State and local level to prepare for the change.

Many communities are presently in the process of developing local mitigation plans, and all communities currently reference the *Local Multi-Hazard Mitigation Planning Guidance* (June, 2008) and the corresponding Plan Review Crosswalk.

In FY12, new guidance will also be released for local plan developers. During this time, it is important to remember that the mitigation planning regulations have not changed; the plan requirements remain the same.

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Emergency Management

Emergency management is the managerial function charged with creating the framework within which communities reduce vulnerability to hazards and cope with disasters.

Psychological First Aid for Disasters

Regional Partners:

The Southern Maine Regional Resource Center and Ad-Care Educational Institute of Maine is offering a Psychological First Aid (PFA) Training, sponsored by Maine DHHS, Center for Disease Control and Prevention.

When: February 16, 2012

Time: 8:30 a.m.—4:30 p.m. (breakfast/lunch included)

Location: Purpoodock club, 300 Spurwink Avenue, Cape Elizabeth, ME 04107

Psychological First Aid (PFA) Training Program Overview

This program is a six hour, interactive, face-to-face training that provides public health professionals, emergency responders, and natural community helpers without former mental health education with the concepts and skills associated with psychological first aid. Additionally, this training is applicable to public health settings, the workplace, the military, mass disaster venues, and even the demands of critical incidents, e.g., dealing with the psychological aftermath of accidents, robberies, suicide, homicide, or community violence.



What is PFA?

A full-scale public health response to disasters must attend to both the physical and mental health needs of affected groups. The latter set of needs is especially important because most authorities agree that far more individuals will report psychologically-related complaints than will report physical symptoms directly stemming from the injury-causing agency or event. Because a large scale emergency will overwhelm existing mental health response resources, psychological first aid — the provision of basic psychological care in the short term aftermath of a traumatic event — is an important skill set that all public health workers, emergency responders and natural community helpers should have.

Target Audience

Public Health workers, emergency responders, mental health and substance abuse providers, healthcare professionals, social workers, and others interested.

Specific Topics to be covered in this PFA training:

- Basic communication techniques for PFA
- Resiliency: new emphasis
- Common mild psychological and behavioral reactions after a disaster
- Severe, potentially incapacitating psychological and behavioral reactions after a disaster
- Basic stress management for disaster survivors
- Reducing risk of adverse outcomes
- When to refer for further mental health support
- Self-care for disaster workers

Please RSVP before COB, Friday, February 10, for a guaranteed count to Penny by email HUDSOP@SMRRC.ORG or phone 662-5142.

Looking forward to seeing you there!

Thank you!

Penny Hudson CPA, Administrative Associate II
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Paul R. LePage, Governor

Mary C. Mayhew, Commissioner



Maine Responds

Emergency Health Volunteer System

Maine Responds is a partnership that integrates local, regional, and statewide volunteer resources to assist our public health and healthcare systems. It is part of a national initiative to train, coordinate, and mobilize volunteers during an emergency. **Maine Responds** coordinates verified, pre-credentialed public health, healthcare and emergency response volunteers into a single database that can coordinate the need for volunteers across county, regional, and state lines if needed.

Registering as a **Maine Responds** volunteer will help ensure that people affected by a disaster will receive the public health and medical care they need. Registration is the first step in meeting this urgent need within Maine and the nation.

The **Maine Responds** website allows you to register as willing to provide services during a disaster or emergency situation. The registration system will collect basic information about you and your professional skills. To register, or for more information, please visit webpage:

www.maineresponds.org

Tier 2 Submit Webinar Released

January 31, 2012—MEMA

The State Emergency Response Commission (SERC) have created a webinar about using the Tier 2 Submit Software which takes you through the whole process of submitting a Tier 2 report. It is under our forms and publications page at the bottom under software and web based data. Please feel free to check it out.

<http://www.maine.gov/mema/serc/>

Anti-Terrorism Training for First Responders March 14, 2012 Augusta, Maine

Incident Response to Terrorist Bombings

Course provides technical operations and awareness training for firefighters, law enforcement, and other personnel who have a significant responsibility for providing a response to Weapons of Mass Destruction (WMD) incidents involving explosives or incendiary materials.

Classroom topics include:

- Understanding the terrorist threat
- Improvised explosive devices (IEDs)
- Safety issues
- Departmental or agency policies to ensure compliance with local requirements

Agenda: 7:30am - Registration Begins (Morning Session)
8:00am - 12:00pm Classroom Training
12:30pm - Registration Begins (Afternoon Session)
1:00pm - 5:00pm Classroom Training
(Only one 4 hour course is needed for certification)

Registration: By email michael.f.grant@maine.gov. Please include name, agency and a contact phone number

Cost: All training and course materials are provided free of charge. Reimbursement for travel, lodging, and meals will not be provided.

Training Location: Florian Hall Training Room
45 Commerce Dr
Augusta, ME

Contact: Mike Grant, SAA (207) 624-4460

ONLY US CITIZENS MAY ATTEND COURSES



Presented by: The Energetic Materials Research and Testing Center/New Mexico Tech, and the lead DHS National Domestic Preparedness Consortium partner for explosives and firearms, live explosives, and incendiary devices training.

Save The Date

CHEMICAL SAFETY PREPAREDNESS & PREVENTION CONFERENCE

April 5 & 6, 2012
Portland, Maine
at the Doubletree by Hilton

The Chemical Safety Preparedness and Prevention Conference will focus on celebrating the 25th anniversary of the Emergency Planning and Community Right-to-Know Act (EPCRA). In the spirit of EPCRA, the conference will bring together members of industry and the regulatory community to improve New England's emergency planning capabilities and assist industries in the move to safer, greener, and sustainable production.

April 5 & 6, 2012 at the Doubletree by Hilton (formerly Wyndham Portland Airport Hotel) in Portland, Maine.

Conference registration is \$60.00 and includes lunch and refreshments for two days. The hotel has a special conference room rate of \$92.00 per night available for April 4, 5 & 6, 2012. The hotel will honor the special room rate three days before and three days after the conference, depending on availability. The reservation cutoff date is March 15, 2012.

To make reservations call (207) 775-6161 and mention the conference name. To make reservations on the web, go to http://www.wyndham.com/groupevents2011/pwmht_eparegion1/main.wnt.

If you have questions or difficulties making reservations, contact Coleman Adams at cadams@prizim-inc.com, (301) 840-2222, x 168 or Diana Dillon at ddillon@prizim-inc.com, (301) 840-2222, x 104.

The conference agenda and registration will soon be posted at <http://www.epa25yearsepcra.org>.



IS-912 Retail Security Awareness:

Understanding the Hidden Hazards

FEMA Independent Study

The purpose of this course is to make persons involved in commercial retail operations aware of the actions they can take to identify and report suspicious purchases or thefts of products that actors could use in terrorist or other criminal activities.

To achieve this goal, the course provides an overview of prevention steps aimed at identifying and monitoring high-risk inventory products and reporting suspicious activities to law enforcement agencies.

Primary Audience

This course is designed for retail managers, loss prevention specialists, risk management specialists, product managers, sales associates, and others involved in retail operations.

<http://training.fema.gov/EMIWeb/IS/is912.asp>

Online Registration now open for Preparedness Conference

MEMA, January 26, 2012

Fourth Annual Maine Partners in Emergency Preparedness Conference, Tuesday and Wednesday, April 24 and 25, 2012, Augusta Civic Center, Augusta, Maine

The Conference will feature more than 50 individual workshops offered over the two days. This includes the offerings of the annual Hazardous Materials Conference, an expanded HazMat Team Challenge and an additional wide range of workshops and information sessions to benefit:

*** First Responders * Government Officials
* Emergency Managers * Business Leaders * School Administrators * Health and Human Service Providers * Voluntary Agencies.**

Keynote speakers on April 24 and 25th are emergency managers from Vermont and from Springfield, Massachusetts. They will share real-world New England disaster experience: a major tornado in Massachusetts, and massive flooding and hurricane impacts in Vermont.

Online registration for participants and exhibitors is now available: (<https://www.regonline.com/partners2012>). There is no charge for attending the conference. There is a small fee for exhibitors, although no charge for not-for-profit and government exhibitors.



The Conference is a partnership among the State Emergency Response Commission, The Maine Emergency Management Agency and Maine Association of Local Emergency Managers and this year, the International Association of Emergency Managers Region 1.

Last year's third annual conference attracted well over 500 attendees and over 30 exhibitors from many partner organizations and businesses. This year's slate of workshops builds on successes and suggestions from last year's conference.

Don't miss this two-day learning experience with statewide and national preparedness partners.

Register now. (<https://www.regonline.com/partners2012>)

Maine Prepares Tip

Safe Snowmobiling Is More Fun For Everyone

January 24, 2011

The Maine Department of Inland Fisheries and Wildlife offers these Snowmobile Safety Tips:

- Travel in groups and inform some responsible person of your plans
- Know your machine and its capabilities.
- Respect the rights and property of others.
- If it is necessary to travel on frozen bodies of waters, do so with extra caution.
- When crossing a highway be sure the way is clear and cross as directly as possible.
- Know and obey Maine snowmobile laws.

Do not use your machine to harass wildlife, or in areas frequented by game.

Always stay to the right of all groomed snowmobile trails. For more information on snowmobile safety visit the Maine Snowmobile Association at

<http://www.mesnow.com>

Daily Tip from: www.Maineprepares.com©



Exercise Schedule

- **April 12, 2012, Thursday**
CCEMA Hurricane Orientation Workshop
Location: Portland—PWD Nixon Training Center
Contact: D.B. Feeney, CCEMA (207) 892-6785
- **May 3, 2012, Thursday**
Cumberland County Hurricane Tabletop Exercise
Location: Portland—PWD Nixon Training Center
Contact: D.B. Feeney, CCEMA (207) 892-6785
- **Summer 2012**
Portland International JetPort Functional Exercise
Contact: Deputy Chief Dave Pendleton—Portland
- **Fall 2012**
Monson Chemical Full Scale Exercise
Contact: Deputy Chief Stephen Fox—South Portland

Resources for Hazard Mitigation Assistance

Article continued from Page 1

The Plan Review Training for Local Mitigation Plans, a 90 minute webinar and separate slide presentation, is now available from the FEMA Library. www.fema.gov/library



Meetings

- February 8, 2012, 8:30 a.m.
[Cumberland County Local EMA Meeting](#)
Location: CCEMA, Windham, Maine
- February 21, 2012, 6:30 p.m.
[Cumberland County ARES](#)
Location: CCEMA, Windham, Maine
Contact: Ron Brown, WA1RB
- February 22, 2012, 6:00 p.m.—8:00 p.m.
[Cumberland County CART Meeting](#)
Location: CCEMA, Windham, Maine
- February 23, 2012
[Mid-Coast ARES/CERT](#)
Location: Topsham, Maine
Mid-Coast Chapter ARC, Community Way
Contact: John Goran, Maine SEC
K1JJS@arrl.net (207) 865-0554
- February 29, 2012, 08:00 a.m.
[Greater Portland Traffic Incident Management](#)
Location: Portland, ME GPCOG
Contact: Maddy Adams, GPCOG, (207) 774-9891
- March 14, 2012, 10 a.m. (following EMA meeting)
[Cumberland County IMAT](#)
Location: CCEMA, Windham, Maine
- March 30, 2012, 12:00 p.m.
[Maine-NH Traffic Incident Management](#)
Location: York Village Fire Department
Contact: Tom Reinauer, SMRPC/Kittery Area MPO
(207) 324-2952 ext. 18, www.smrpc.org

Notice: FY 2013 NFA or EMI Courses

FEMA is moving toward eliminating the use of the Social Security Number (SSN), where possible, when applying for any FEMA training.

Beginning on April, 15, 2012, individuals, including FEMA employees, applying for certain National Fire Academy (NFA) or Emergency Management Institute (EMI) classes will be required to register using the Center for Domestic Preparedness (CDP) Training Administration System (CTAS) and obtain a CDP Student Identification (SID) number if they do not already have one. This number will be used in place of the SSN on your application. You will be asked to provide your SSN to register in CTAS but this will be phased out later this year.

Which courses does this process impact?

1. NFA or EMI courses at NETC (including the NFA 2 day on-campus state weekend courses) – Course letters E, I, P, R, T, W
2. EMI courses at the Noble Training Facility – Course letter B
3. Courses delivered through the NFA (NFA Sponsored 10-day and 6-day) or EMI off-campus programs Course letters L, N, S
4. For any of the above courses delivered after October 1, 2012.
5. All other courses (Course letters C, D, F, H, K, O, Q, Y, IS) are not impacted by the process.

How do I obtain my FEMA Training Identification Number (FTIN)/CDP Student Identification (SID) number?

Step 1: To register, go to <https://cdp.dhs.gov/elms>

Step 2: Click on the "Create Account" button on the left side of the screen.

Step 3: Follow the instructions and provide the necessary information to create your account.

What do I do with this new FTIN/CDP SID number I've been assigned?

The CDP SID number should be used in place of the SSN on your General Admissions Application (FEMA Form 119-25-1) and the General Admissions Application Short Form (FEMA Form 119-25-2).

Why is it important to register in the CTAS?

Any applications for FY 2013 NFA or EMI courses that do not include the training registration number will not be processed until CDP SID is provided.

Patty Mogenhan, Secretary for the Director
Management Operations and Support Services Division
National Emergency Training Center
U.S. Fire Administration, FEMA, DHS
16825 S. Seton Ave., Emmitsburg, MD 21727
(301) 447-1223 Patricia.Mogenhan@fema.dhs.gov

Training Opportunities

- **Planning Section Chief (ME Type 4)**

Date: February 13, 2012, 12:00 p.m.—4:00 p.m.
 Location: Belfast, ME—Waldo County EMA Office
 4 Public Safety Way (GPS to 45 Congress Street)
 Contact: Dale D. Rowley, Waldo EMA Director
 Registration: Email: emadirector@waldocountyme.gov
 (207) 338-3870 Prerequisites: IS700, ICS 100/200/300

- **Essentials of Community Cyber Security (AWR-136)**

Date: February 15, 2012, 12:30 p.m.—4:30 p.m.
 Location: Augusta, ME—Safety Works Training Institute
 at Central Maine Commerce Center.
 Contact: Mike Grant/Jeremy Damren MEMA
 Registration; Forward FEMA 119-25-1 to MEMA,

- **EOC's Role in Community Cyber Security (MGT-384)**

Date: February 16-17, 2012, 8:15 a.m.—4:30 p.m.
 Location: Augusta, ME—Safety Works Training Institute
 at Central Maine Commerce Center.
 Contact: Mike Grant/Jeremy Damren MEMA
 Registration: Forward FEMA 119-25-1 to MEMA,
 Prerequisite Training—AWR-136

- **Psychological First Aid for Disasters**

Date: February 16, 2012, 8:30 a.m. – 4:30 p.m.
 Location: Cape Elizabeth, ME, Purpoodock Club
 Contact/FMI: Penny Hudson, SMRRC (207) 662-5142
 Registration: Please RSVP before COB, Friday,
 February 10, for a guaranteed count to Penny by
 email hudsop@smrrc.org or phone 662-5142.

- **Anti-Terrorism Training For First Responders**

Date: March 14, 2012, 4-hour classroom course
 Morning Session: 8:00 a.m.- 12:00 p.m. (Reg: 7:30 a.m).
 Afternoon Session: 1:00 p.m.- 5:00 p.m. (Reg: 12:30 p.m)
 Location: Augusta, ME—Florian Hall Training Room
 Contact: Mike Grant/Robert Gardner MEMA
 Registration: Chief of Department must approve atten-
 dance and submit applicant's name to MEMA.(FMI: See
 Page 3)

- **Chemical Safety Preparedness & Prevention Conference** (FMI: See Page 3)

Date: April 5-6, 2012
 Location: Portland, ME—Doubletree by Hilton
 Contact: FMI—Coleman Adams
cadams@prizim-inc.com (301) 840-2222 x 168
 Registration: Conference agenda and registration will
 soon be posted at www.epa25yearsepcra.org

- **4th Annual Maine Partners in Emergency Preparedness Conference** (FMI: See Article Page 4)

Date: April 24-25, 2012
 Location: Augusta Civic Center
 On-line Registration for Participants and Exhibitors now

- **L-971 Facilities Unit Leader**

Date: May 7-11, 2012
 Location: Saco, Maine
 Contact: Mike Grant, MEMA (207) 624-4460
michael.f.grant@maine.gov
 Registration: FEMA 119-25-1 to Mike Grant, MEMA.
 Prerequisites Apply, Student Reimbursement Available

- **L-969 Communications Unit Leader**

Date: May 7-10, 2012
 Location: Burlington, Vermont
 Contact: Robert Schell (802) 244-8724
rschell@dps.state.vt.us
 Registration: FEMA 119-25-1 to Mike Grant, MEMA.
 Prerequisites Apply, Student Reimbursement Available

- **L-960 Division/Group Supervisor**

Date: May 16-18, 2012
 Location: Concord, New Hampshire
 Contact: Bob Pragoff (603) 223-4200 x 31023
robert.pragoff@dos.nh.gov
 Registration: FEMA 119-25-1 to Mike Grant, MEMA.
 Prerequisites Apply, Student Reimbursement Available

- **L-970 Supply Unit Leader**

Date: May 21-24, 2012
 Location: New Haven, Connecticut
 Contact: Gary Ruggiero, Trainer, gary.ruggiero@ct.gov
 Registration: FEMA 119-25-1 to Mike Grant, MEMA.
 Prerequisites Apply, Student Reimbursement Available

- **L-965 Resource Unit Leader**

Date: June 4-7, 2012
 Location: Framingham, Massachusetts
 Contact: Jeff Tedesco, STO (508) 820-1446
jeff.tedesco@massmail.state.ma.us
 Registration: FEMA 119-25-1 to Mike Grant, MEMA.
 Prerequisites Apply, Student Reimbursement Available

- **L-964 Situation Unit Leader**

Date: June 11-15, 2012
 Location: Concord, New Hampshire
 Contact: Bob Pragoff (603) 223-4200 x 31023
robert.pragoff@dos.nh.gov
 Registration: FEMA 119-25-1 to Mike Grant, MEMA.
 Prerequisites Apply, Student Reimbursement Available

- **L-975 Finance/Admin Unit Leader**

Date: June 20-22, 2012
 Location: Burlington, Vermont
 Contact: Robert Schell rschell@dps.state.vt.us
 Registration: FEMA 119-25-1 to Mike Grant, MEMA.
 Prerequisites Apply, Student Reimbursement Available



Important Links

- Cumberland County Emergency Management Agency**
Home: www.cumberlandcounty.org/EMA
- Maine Emergency Management Agency**
Home: www.maine.gov/mema
Library: www.maine.gov/mema/mema_library.shtml
- Maine Prepares**
Home: www.maine.gov/mema/prepare
- Federal Emergency Management Agency (FEMA)**
Home: www.fema.gov
Training: <http://training.fema.gov>
Grants: www.fema.gov/government/grant/index.shtml
Assistance: www.DisasterAssistance.gov
- Domestic Preparedness Support**
U. S. Department of Homeland Security www.dhs.gov
NIMS Resource Center <http://www.fema.gov/emergency/nims>
Lessons Learned Information Sharing System
www.llis.gov
Homeland Security Exercise and Evaluation Program (HSEEP)
<http://hseep.dhs.gov>
- Center Disease Control**
Maine CDC: <http://www.maine.gov/dhhs/boh>
U. S. CDC: <http://www.cdc.gov>
FLU.gov <http://www.pandemicflu.gov>
- Southern Maine Regional Resource Center (SMRRC)**
Home: www.smrcc.org
- Ready America** www.ready.gov
- National Weather Service—Gray, Maine**
www.erh.noaa.gov/gyx
- Maine ARES** <http://www.maineares.org>
- 2-1-1 Maine**
Home: www.211maine.org
- 5-1-1 Maine (Maine DOT Travel Information)**
Home: www.511maine.gov
- American Red Cross of Southern Maine**
Home: www.maineredcross.org
- PROP**
Home: www.wherepeoplecomefirst.org
- Southern Maine EMS**
Home: www.smems.org
- Volunteer Maine**
Home: www.volunteermaine.org
- Greater Portland Council of Governments (GPCOG)**
Home: www.gpcog.org



Monthly Communications Test

- February 9, 2012, at 1330 hours.**
- Log onto WebEOC
 - HAN Notification—1330 hours
 - Conference Call—1345 hours
 - Radio Check Immediately Following Conference Call

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